

Service Number: 400
Monday To Friday Excluding Bank Holidays

| | Service | 400 | 400 | 400 | 400 | 400 | 400 | 400 | 400 | 400 | 400 | 400 | 400 | 400 | 400 | 400 |
|-----------------------------|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Gwaunmiskin | | 06:00 | 06:30 | 07:00 | 07:30 | 08:00 | 08:30 | 09:00 | 09:30 | 10:00 | 10:30 | 11:00 | 11:30 | 12:00 | 12:30 | 13:00 |
| Beddau Square | | 06:05 | 06:35 | 07:05 | 07:35 | 08:05 | 08:35 | 09:05 | 09:35 | 10:05 | 10:35 | 11:05 | 11:35 | 12:05 | 12:35 | 13:05 |
| The Bush, Llantwit Fardre | | 06:10 | 06:40 | 07:10 | 07:40 | 08:10 | 08:40 | 09:10 | 09:40 | 10:10 | 10:40 | 11:10 | 11:40 | 12:10 | 12:40 | 13:10 |
| The Library, Church Village | | 06:13 | 06:43 | 07:15 | 07:45 | 08:15 | 08:45 | 09:13 | 09:43 | 10:13 | 10:43 | 11:13 | 11:43 | 12:13 | 12:43 | 13:13 |
| Tonteg Garage | | 06:15 | 06:45 | 07:18 | 07:48 | 08:18 | 08:48 | 09:15 | 09:45 | 10:15 | 10:45 | 11:15 | 11:45 | 12:15 | 12:45 | 13:15 |
| Parc Nantgarw (McDonalds) | | 06:25 | 06:55 | 07:30 | 08:00 | 08:30 | 09:00 | 09:25 | 09:55 | 10:25 | 10:55 | 11:25 | 11:55 | 12:25 | 12:55 | 13:25 |
| Cardiff (Greyfriars Rd) | | 06:45 | 07:15 | 07:54 | 08:40 | 09:10 | 09:30 | 09:49 | 10:19 | 10:49 | 11:19 | 11:49 | 12:19 | 12:49 | 13:19 | 13:49 |

| | Service | 400 | 400 | 400 | 400 | 400 | 400 | 400 | 400 | 400 | 400 | 400 | 400 | 400 | 400 | 400 |
|----------------------------------|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Cardiff (Greyfriars Rd)..... | | 07:00 | 07:30 | 08:10 | 08:40 | 09:10 | 09:30 | 10:00 | 10:30 | 11:00 | 11:30 | 12:00 | 12:30 | 13:00 | 13:30 | 14:00 |
| Parc Nantgarw | | 07:24 | 07:54 | 08:34 | 09:04 | 09:34 | 09:54 | 10:24 | 10:54 | 11:24 | 11:54 | 12:24 | 12:54 | 13:24 | 13:54 | 14:24 |
| Tonteg Garage..... | | 07:34 | 08:04 | 08:44 | 09:14 | 09:44 | 10:04 | 10:34 | 11:04 | 11:34 | 12:04 | 12:34 | 13:04 | 13:34 | 14:04 | 14:34 |
| The Library, Church Village..... | | 07:36 | 08:06 | 08:46 | 09:16 | 09:46 | 10:06 | 10:36 | 11:06 | 11:36 | 12:06 | 12:36 | 13:06 | 13:36 | 14:06 | 14:36 |
| The Bush, Llantwit Fardre..... | | 07:39 | 08:09 | 08:49 | 09:19 | 09:49 | 10:09 | 10:39 | 11:09 | 11:39 | 12:09 | 12:39 | 13:09 | 13:39 | 14:09 | 14:39 |
| Beddau Square..... | | 07:44 | 08:14 | 08:54 | 09:24 | 09:54 | 10:14 | 10:44 | 11:14 | 11:44 | 12:14 | 12:44 | 13:14 | 13:44 | 14:14 | 14:44 |
| Gwaunmiskin Via Yorkdale | | 07:49 | 08:19 | 08:59 | 09:29 | 09:59 | 10:19 | 10:49 | 11:19 | 11:49 | 12:19 | 12:49 | 13:19 | 13:49 | 14:19 | 14:49 |

| | Service | 400 | 400 | 400 | 400 | 400 | 400 | 400 | 400 | 400 | 400 | 400 | New 400 |
|-----------------------------|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|------------|
| Gwaunmiskin | | 13:30 | 14:00 | 14:30 | 15:00 | 15:30 | 16:00 | 16:30 | 17:00 | 17:30 | 18:30 | 19:30 | 21:00 |
| Beddau Square | | 13:35 | 14:05 | 14:35 | 15:05 | 15:35 | 16:05 | 16:35 | 17:05 | 17:35 | 18:35 | 19:35 | 21:05 |
| The Bush, Llantwit Fardre | | 13:40 | 14:10 | 14:40 | 15:10 | 15:40 | 16:10 | 16:40 | 17:10 | 17:40 | 18:40 | 19:40 | 21:10 |
| The Library, Church Village | | 13:43 | 14:13 | 14:43 | 15:13 | 15:43 | 16:13 | 16:43 | 17:13 | 17:43 | 18:43 | 19:43 | 21:13 |
| Tonteg Garage | | 13:45 | 14:15 | 14:45 | 15:15 | 15:45 | 16:15 | 16:45 | 17:15 | 17:45 | 18:45 | 19:45 | 21:15 |
| Parc Nantgarw (McDonalds) | | 13:55 | 14:25 | 14:55 | 15:25 | 15:55 | 16:25 | 16:55 | 17:25 | 17:55 | 18:55 | 19:53 | 21:23 |
| Cardiff (Greyfriars Rd) | | 14:19 | 14:49 | 15:19 | 15:49 | 16:19 | 16:49 | 17:19 | 17:49 | 18:19 | 19:19 | 20:10 | 21:40 |

| | Service | 400 | 400 | 400 | 400 | 400 | 400 | 400 | 400 | 400 | 400 | 400 | 400 |
|----------------------------------|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Cardiff (Greyfriars Rd)..... | | 14:30 | 15:00 | 15:30 | 16:00 | 16:30 | 17:00 | 17:30 | 18:00 | 18:30 | 19:30 | 20:15 | 21:45 |
| Parc Nantgarw | | 14:54 | 15:24 | 15:54 | 16:27 | 16:57 | 17:27 | 17:57 | 18:27 | 18:54 | 19:54 | 20:32 | 22:02 |
| Tonteg Garage..... | | 15:04 | 15:34 | 16:04 | 16:37 | 17:07 | 17:37 | 18:07 | 18:37 | 19:04 | 20:04 | 20:40 | 22:10 |
| The Library, Church Village..... | | 15:06 | 15:36 | 16:06 | 16:39 | 17:09 | 17:39 | 18:09 | 18:39 | 19:06 | 20:06 | 20:42 | 22:12 |
| The Bush, Llantwit Fardre..... | | 15:09 | 15:39 | 16:09 | 16:42 | 17:12 | 17:42 | 18:12 | 18:42 | 19:09 | 20:09 | 20:45 | 22:15 |
| Beddau Square..... | | 15:14 | 15:44 | 16:14 | 16:47 | 17:17 | 17:47 | 18:17 | 18:47 | 19:14 | 20:14 | 20:50 | 22:20 |
| Gwaunmiskin Via Yorkdale | | 15:19 | 15:49 | 16:19 | 16:52 | 17:22 | 17:52 | 18:22 | 18:52 | 19:19 | 20:19 | 20:55 | 22:25 |